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Cracow University  
of Technology



FH  
CAMPUS  
WIEN  
UNIVERSITY OF APPLIED SCIENCES

## SUSTAINABLE, HIGH-PERFORMANCE BUILDING SOLUTIONS IN WOOD

2020-1-LV01-KA203-077513

### The Nest

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## Idea behind the Nest

The Storks can use the same nest for several years →

idea from that is: sustainable homes for new families growing bigger in the Nest

They usually lay 5 eggs thus 5 buildings



3

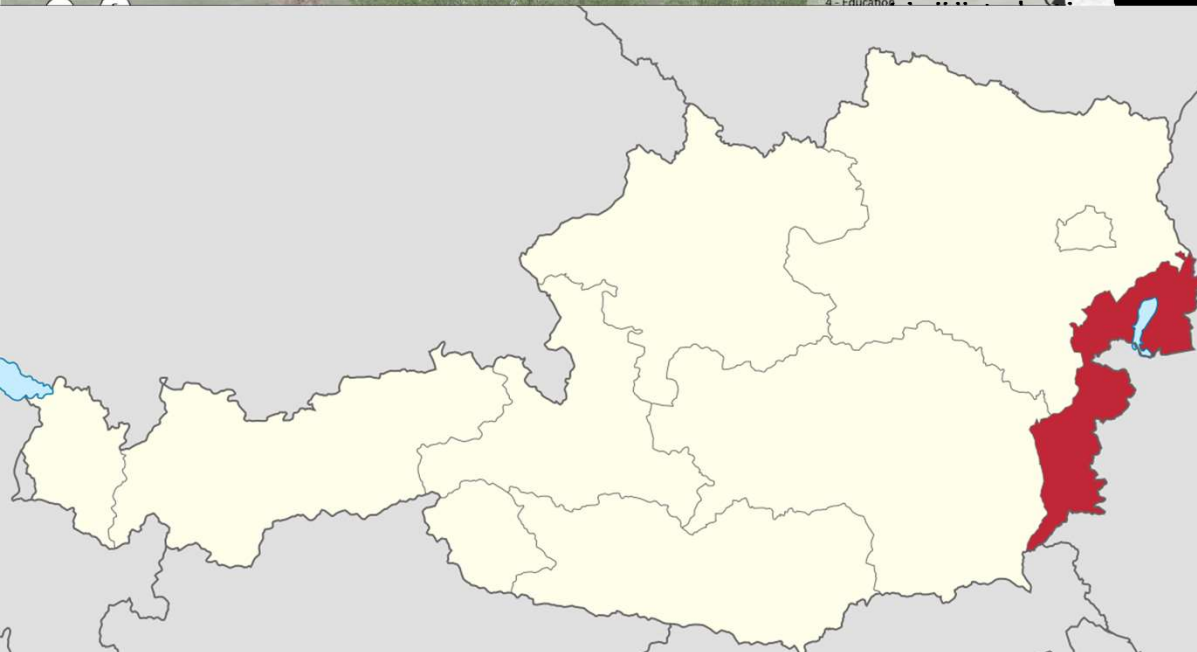
## The Nest

- Apartments for young families  
3-4 person
- 45 m2 apartments
- 5 buildings
- Total: 103 apartments
- 56 Parking spaces

Sources:



- State: Burgenland
- Town: Stegersbach



- Element factory: Hero Holzbau
- Located only 6km from the building site

Sources: <https://www.hero-holzbau.at/fertighaus-nach-mass>



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Sources:

17.09.2021



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# Ground floorplan





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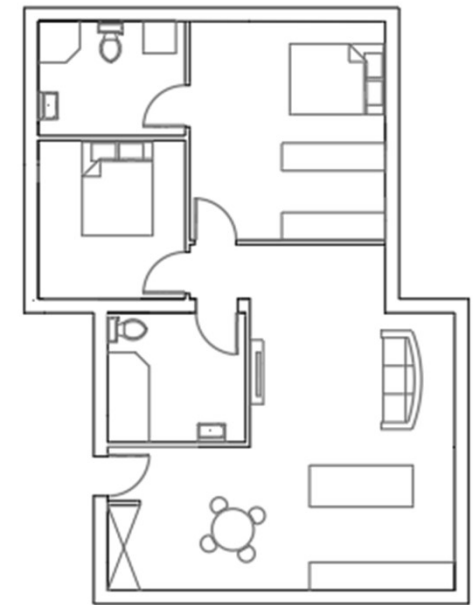
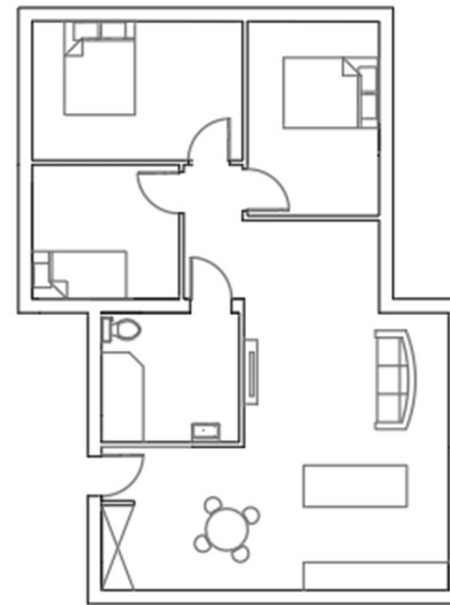
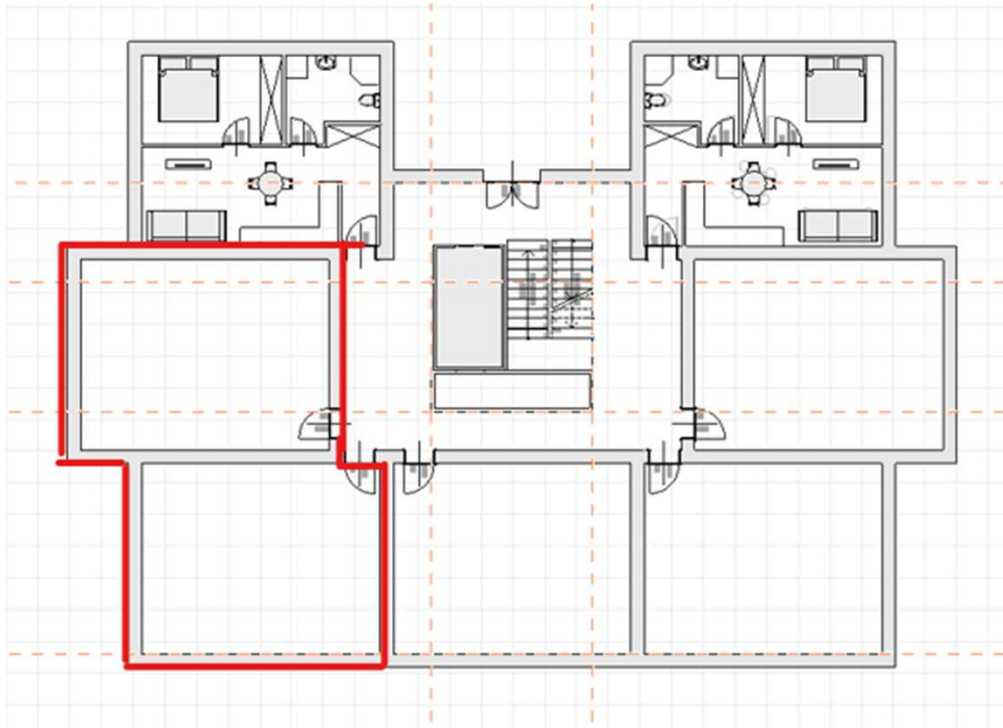
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# First and Second floor plan



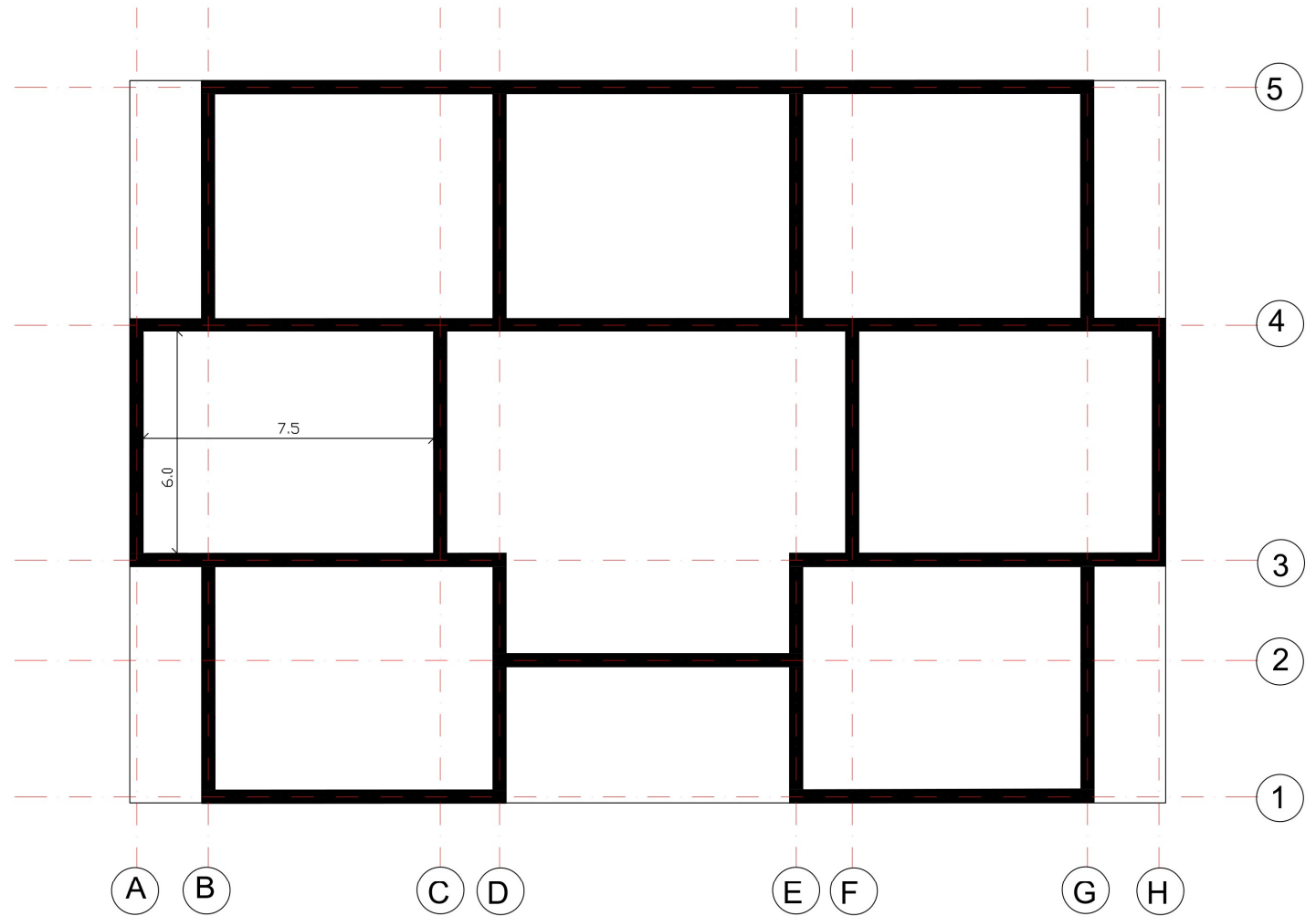
# Merged apartment: 2x 45 m<sup>2</sup> apartments into 90m<sup>2</sup>

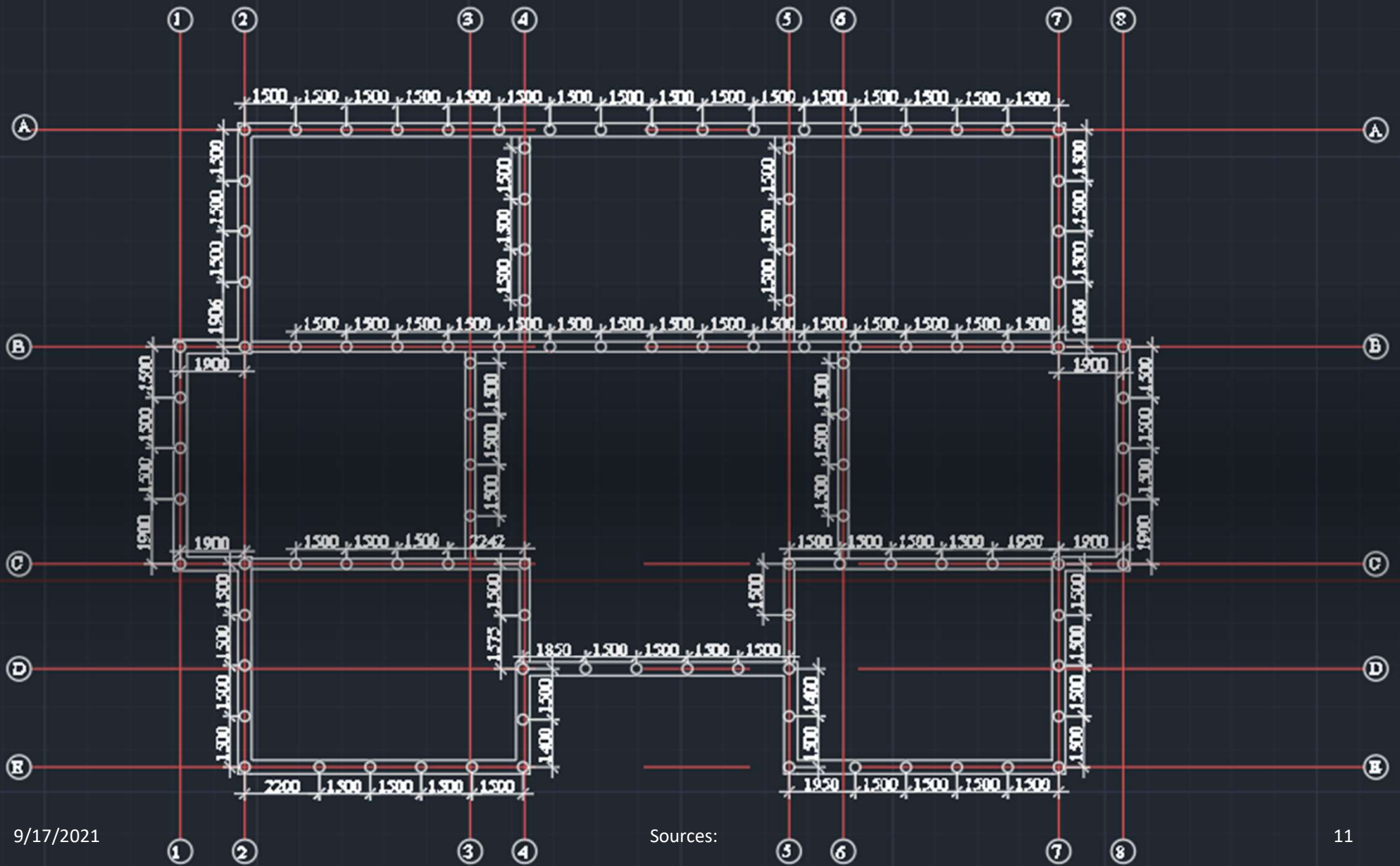






# Static structure

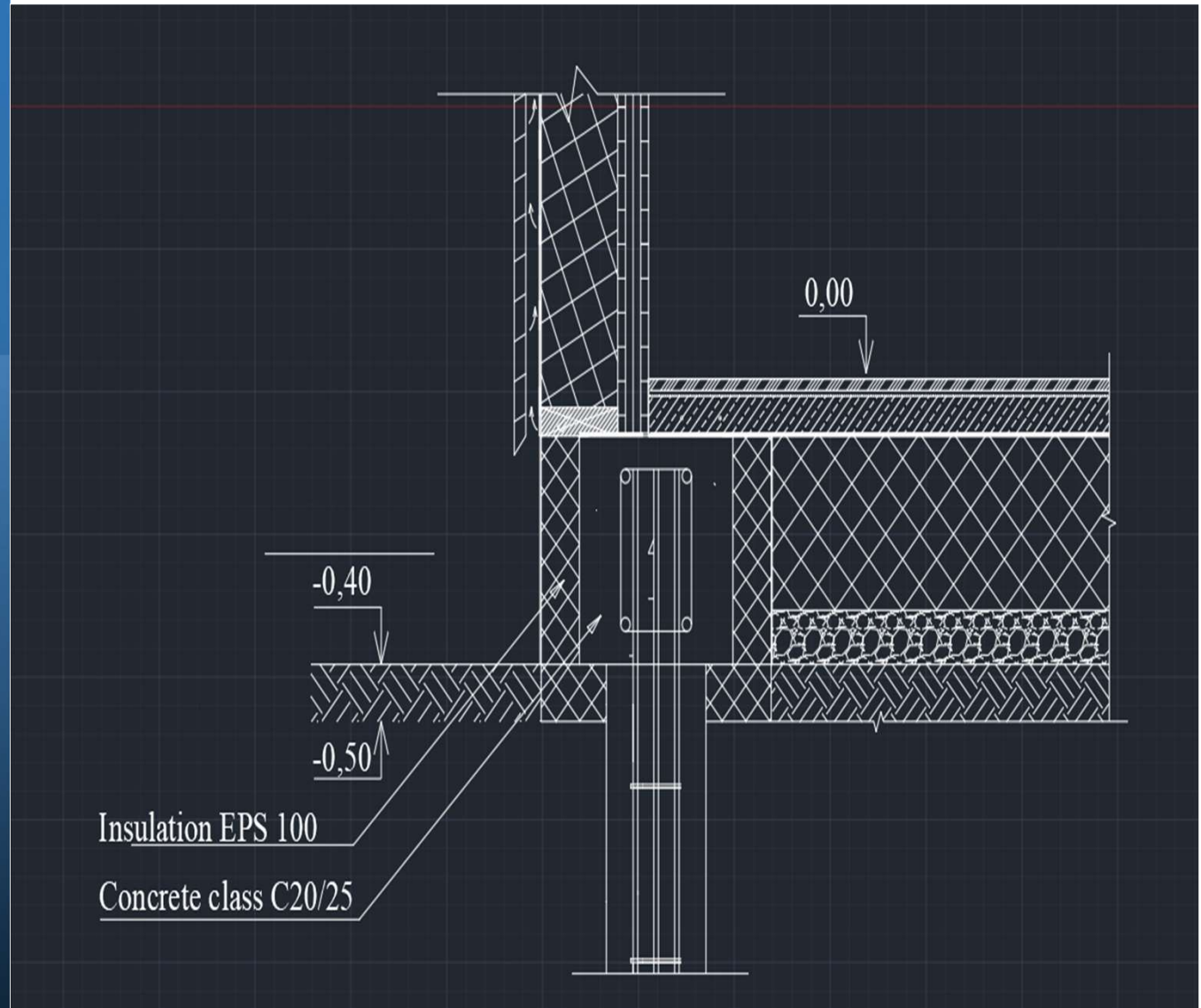




9/17/2021

Sources:

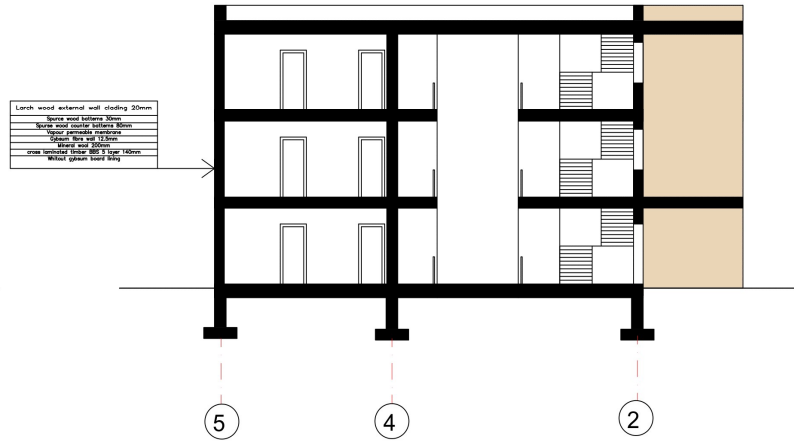
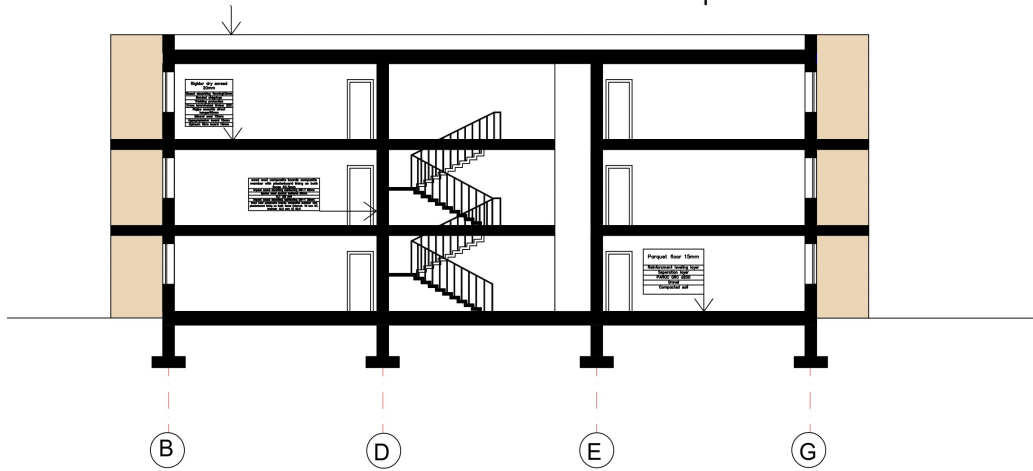
# Foundation



Sheet metal roofing
Spurce wood battens (30/50)
Spurce wood counter battens 80mm
Softboard 22mm
Softboard insulation on top of battens 240mm
Sealing sheet
cross laminated timber BBS 5 layer 180mm
spruce wood battens (60/60; e=625) mounted on resilient clips 70mm
mineral wool [040; 18] 50mm
gypsum plaster boards 15mm
gybsumfibre board 15mm

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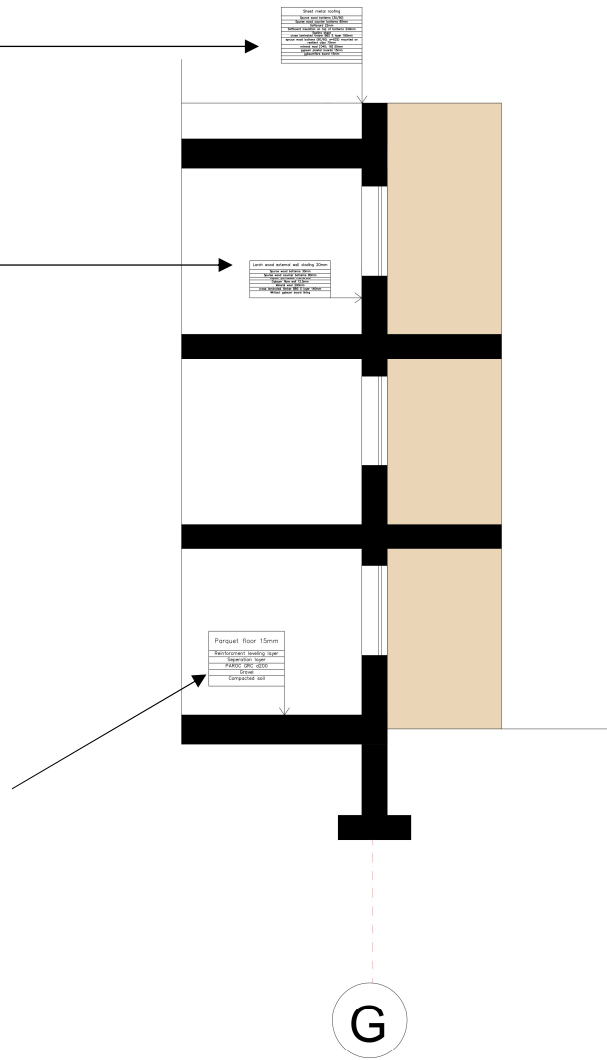
Larch wood external wall cladding 20mm
Spurce wood battens 30mm
Spurce wood counter battens 80mm
Vapour permeable membrane
Gybsum fibre wall 12.5mm
Mineral wool 200mm
cross laminated timber BBS 5 layer 140mm
Whitout gybsum board lining



Sheet metal roofing
Spruce wood battens (30/50)
Spruce wood counter battens 80mm
Softboard 22mm
Softboard insulation on top of battens 240mm
Sealing sheet
cross laminated timber BBS 5 layer 180mm
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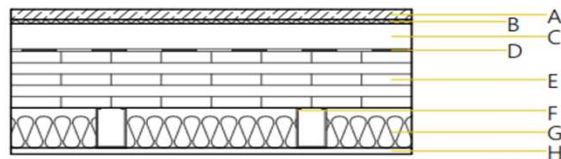
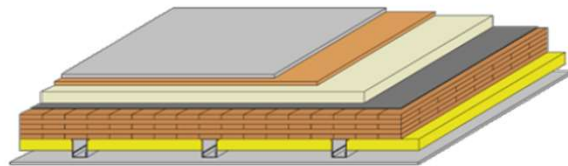
Parquet floor 15mm
Reinforcment leveling layer
Seperation layer
PAROC GRC d200
Gravel
Compacted soil



Sources:

# Intermediate floor

intermediate floor, solid wood construction, suspended, dry, with filling, other surface



	Thickness	Building material	Thermal performance			
			$\lambda$	$\mu$ min – max	$\rho$	c
A	20.0	Rigidur dry screed	0.200	19	1200	1.100
B	10.0	impact sound absorbing subflooring MW-T [ $s' = 35 \text{ MN/m}$ ]	0.035	1	120	1.030
C	60.0	bonded chippings	0.700	1	1500	1.000
D		trickling protection				
E	220.0	cross laminated timber BBS 7 layer	0.130	50	470	1.600
F	95.0	Rigips acoustic direct hanger with CD 60/27				
G	75.0	mineral wool [040; 18]	0.040	1	18	1.030
H	15.0	gypsum plaster boards Rigips RF or	0.250	10	900	1.050
H	15.0	gypsum fibre board Rigidur H	0.350	19	1200	1.100

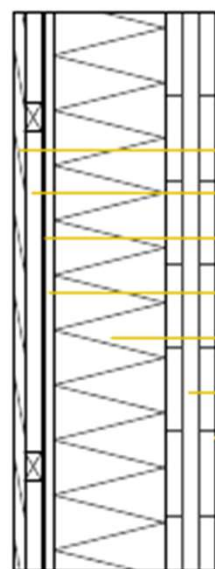
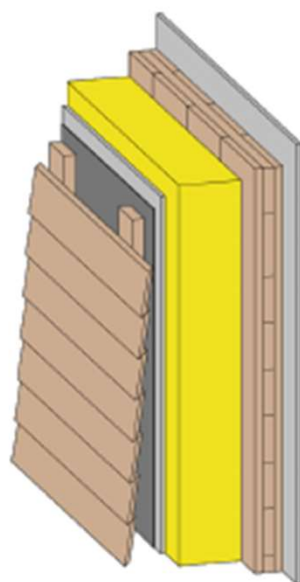
(from outside to inside, dimensions in mm)

## Performance rating

Fire protection performance	REI	90
Thermal performance	U	Diffusion
Acoustic performance	$R_w$ (C;G <sub>r</sub> ) $L_{n,w}$ (G)	65(-4;-12) dB 49(2)



# external wall, solid wood construction, ventilated, without dry lining, with cladding, wooden surface



	Thickness	Building material	Thermal performance			
			$\lambda$	$\mu$ min – max	$\rho$	c
A	20.0	larch wood external wall cladding	0.155	150	600	1.600
B	30.0	spruce wood battens	0.120	50	450	1.600
C		vapour-permeable membrane $s_d \leq 0,3m$				
D	12.5	gypsum fibre board	0.320	21	1000	1.100
E	200.0	mineral wool [035; 130; 1000°C]	0.035	1	130	1.030
F	140.0	cross laminated timber	0.130	50	500	1.600
G		without gypsum board lining				

(from outside to inside, dimensions in mm)

## Performance rating

Fire protection performance	REI from inside	60
	REI from outside	90
Thermal performance	U	0.15 W/(m <sup>2</sup> K)
	Diffusion	suitable
Acoustic performance	$R_w$ (C;C <sub>tr</sub> )	41 dB
	$L_{n,w}$ (C)	

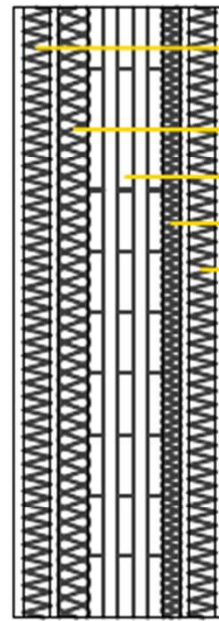
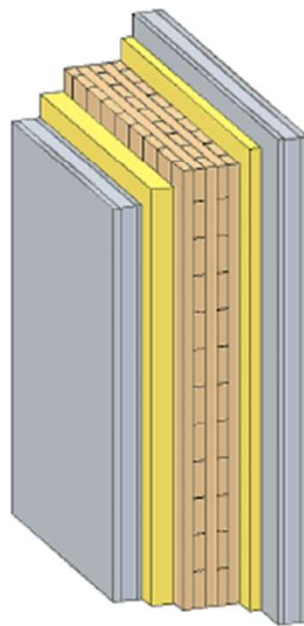




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compartment wall, solid wood construction, without dry lining, single-layer, other surface



	Thickness	Building material (from outside to inside, dimensions in mm)	Thermal performance		
			$\lambda$	$\mu$ min – max	$\rho$
A	62.5	wood wool composite boards composite member with plasterboard lining on both faces	0.090	2 - 5	
B	50.0	impact sound absorbing subflooring MW-T	0.036	1	
C	140.0	solid wood (e.g. cross laminated timber)	0.130	50	
D	25.0	impact sound absorbing subflooring MW-T	0.036	1	
E	62.5	wood wool composite boards composite member with plasterboard lining on both faces (external: 15 mm DF, internal: 12.5 mm A)	0.090	2 - 5	

### Performance rating

Fire protection performance	REI	90
Thermal performance	U	0.23 W/(m <sup>2</sup> K)
	Diffusion	suitable
Acoustic performance	R <sub>w</sub> (C;C <sub>tr</sub> ) L <sub>n,w</sub> (C)	63 dB

Sources:



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## Flat roof - fdmhbi01 a-01

flat roof, solid wood construction, ventilated, without dry lining, suspended, other surface

### Performance rating

**Fire protection performance** REI 60  
maximum span = 4 m; maximum load  $E_{d,fi} = 7,92 \text{ kN/m}^2$   
Classified by IBS

**Thermal performance** U Diffusion 0.11  $\text{W}/(\text{m}^2\text{K})$   
suitable

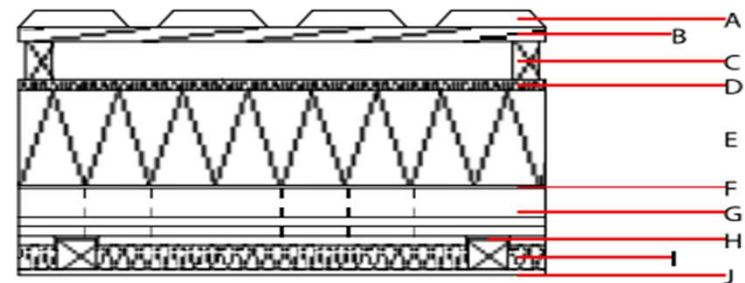
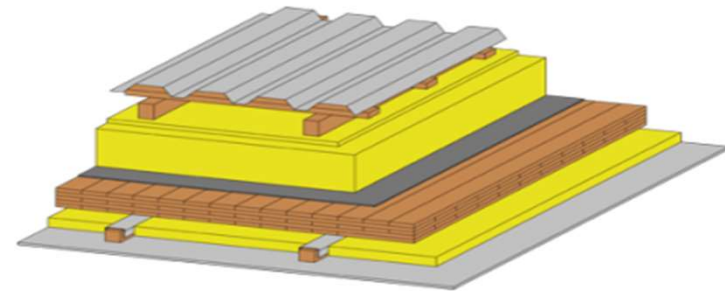
Calculated by HFA

**Acoustic performance**  $R_w (C; C_{tr})$  57 dB  
 $L_{n,w} (C_i)$

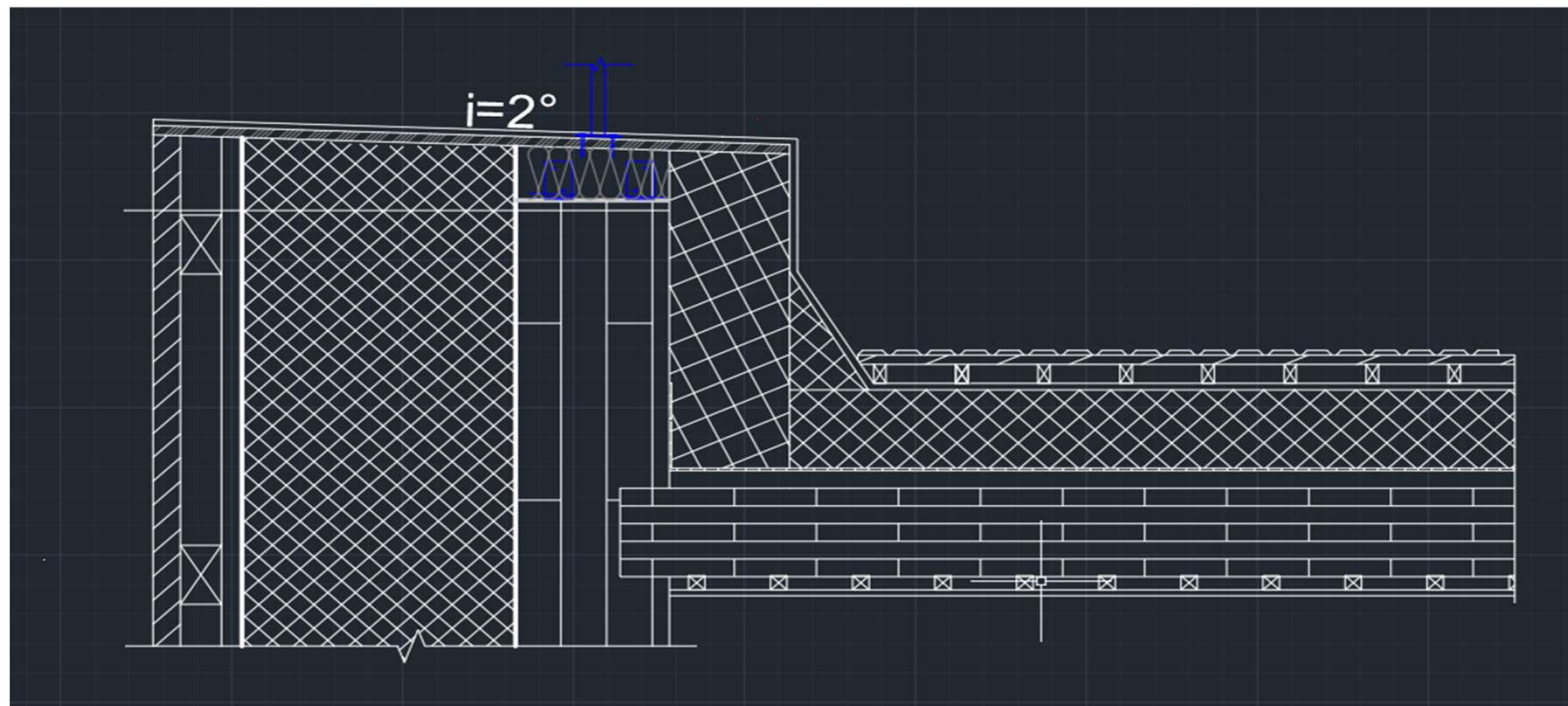
Assessed by IFT

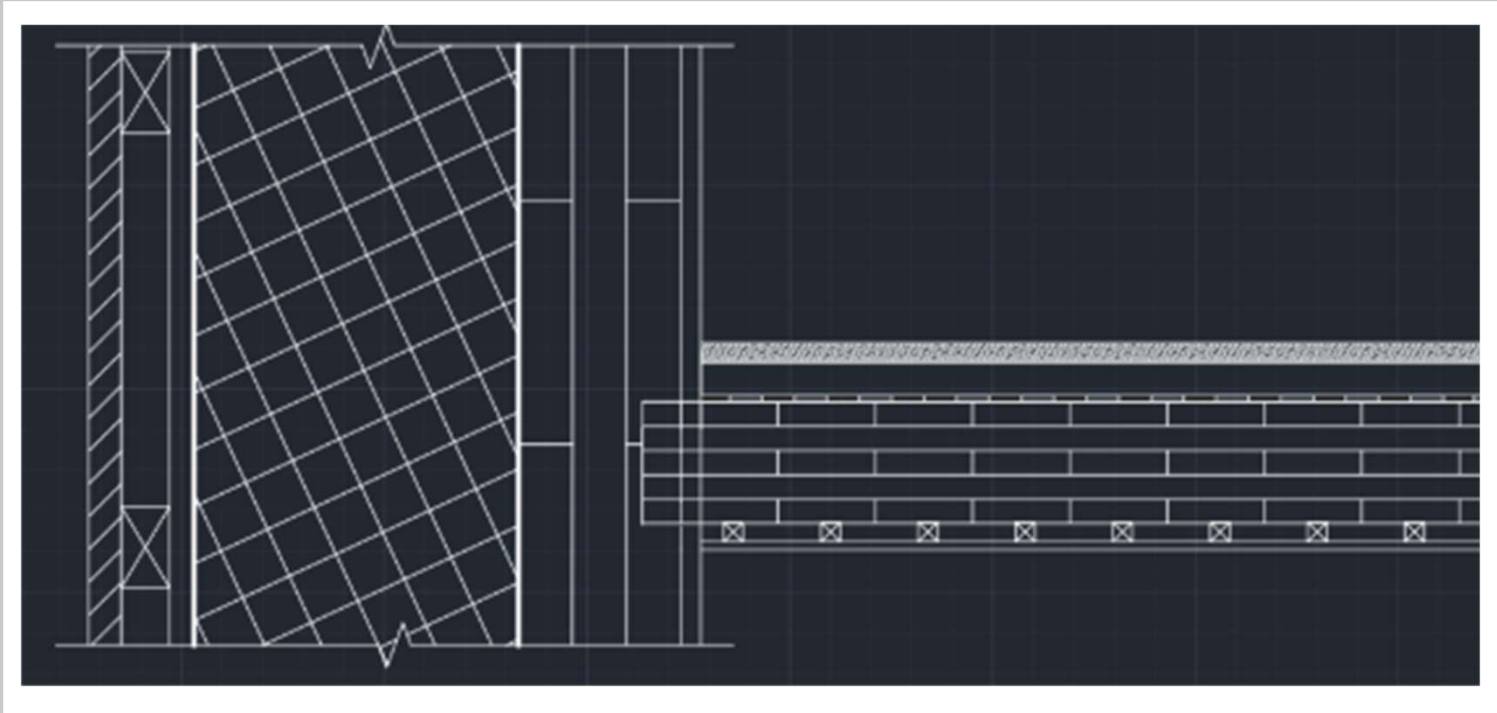
**Mass per unit area** m 115.40  $\text{kg/m}^2$

Calculation based on gypsum plaster board type DF



# Roof - exterior wall detail





## Inner storey overlay

## Results of the basic load calculations

### Live Load:

- 2 kN/m<sup>2</sup> for floors and stairs
- 2,5 kN/m<sup>2</sup> for balconies

### Dead Load:

- 2 kN/m<sup>2</sup>

### Snow loads:

- $S_k = 1,09 \text{ kN/m}^2$
- $S = 0,698 \text{ kN/m}^2$

### Wind Loads

- $Q_b$  (reference pressure) = 347,54 Pa
- $Q_p = 0,8 \text{ kN/m}^2$

## CTL Connection system

### X-RAD

- excellent static performance
- reduction of assembly time



# Fire Protection

- Structures have 60 minutes fire resistance requirements in Austria.
- There are always two exit ways from the apartments: staircase or fire ladders from the window
- CLT is great because of the cross lamination in terms of its properties: it is a very lightweight, fire-resistant, strong and rigid building material.



# Economical

- The use of wooden structures significantly speeds up the construction process.
- Wooden materials used in this construction are local
- With good design and the right choice of materials, it is possible to build wooden houses that will last for centuries, so that the carbon footprint of one house is small.
- Regular maintenance is an important part of sustainable construction and every building needs maintenance to last. When building materials are easy to repair and recycle, the house is also more environmentally friendly to maintain.





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# Sustainability and efficiency with our CLT- elements

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- We will have temporary unloading areas on the site for the elements to be stored → This will be consulted with Hero Holzbau before the elements go into manufacturing
  - They will cut the installation holes for the electrical wires and plumbing pipes
- Good planning makes the least waste material:
  - At the beginning of project it is important to take into consideration the maximum and minimum lengths of CLT
  - When materials are delivered to the construction site according to plan and are the right length, the amount of recyclable construction waste on the site is reduced as well as costs.
  - Excess waste should be sorted and recycled systematically. Successful waste logistics keeps the site clean, costs low and is part of sustainable development

# Summer → PV-panels on roof

## Daytime passive:

- Loggias for shading

## Daytime active:

- Getting energy from PV-panels
- Accumulator to store energy

## Summer nights:

- Controlled ventilation to regulate the air
- Openable windows

# Winter → electricity gain PV-panels on facade

## Daytime passive:

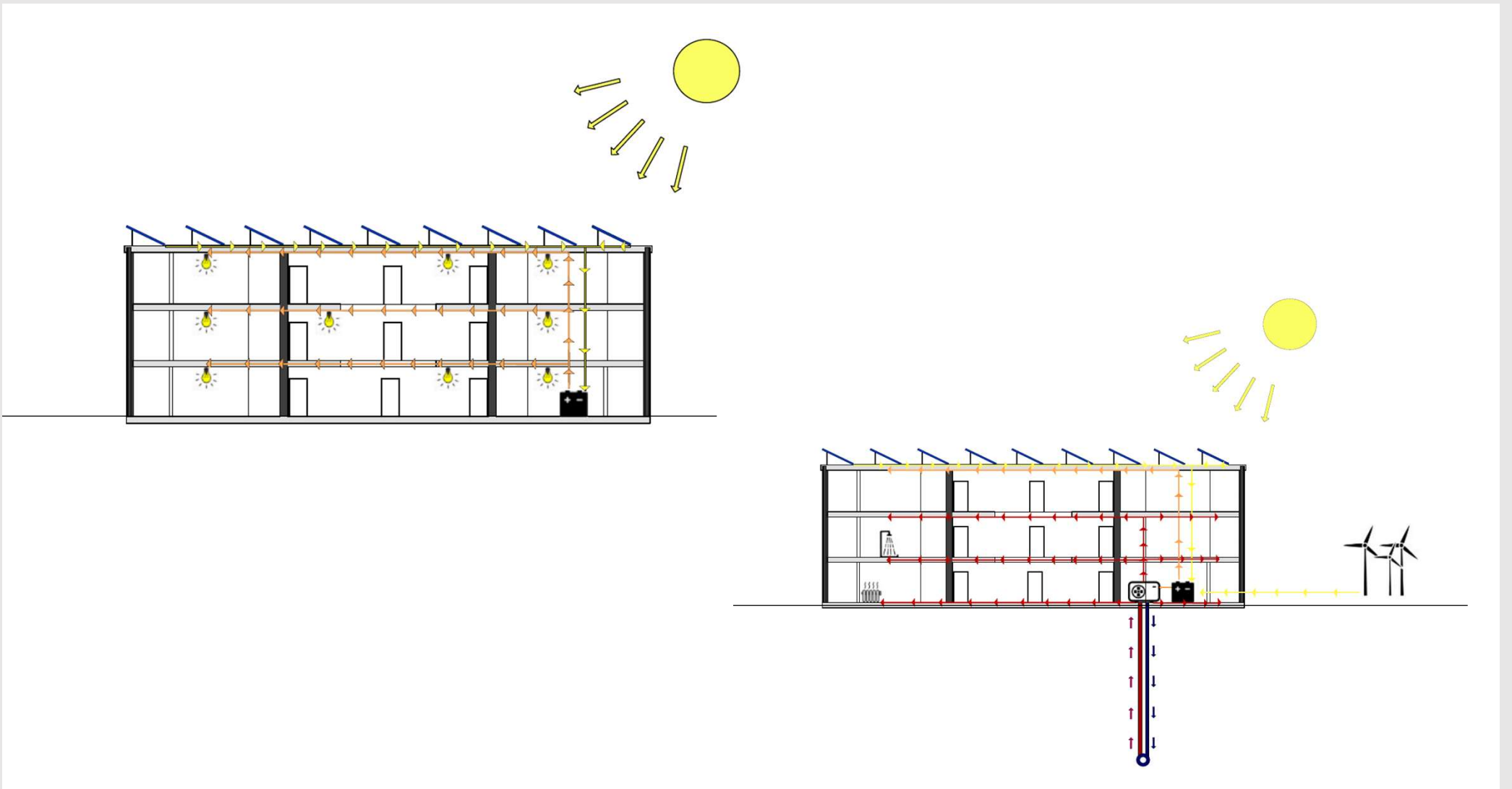
- Good insulation
- Lots of glass to capture sun's heat

## Daytime active:

Energy won from PV-panels used  
to generate heating systems  
(heat pump)

## Night time active:

Warmth from heat  
storage/collector





# Dismantling concept

## Materials that can be used again

- wood beams, wooden panels and wooden floors (as such or after processing)
- Concrete can be crushed into a fine stone that can be used, among other things in road constructions.
- Steel can be melted and used again almost indefinitely
- Old window glass can be used to make thermal insulation (for example glass wool and foam glass)

## Materials that can be recycled

- Wood and wood - based products can be reused, recycled or used after its first life cycle as a source of energy.
- Crushed concrete is also suitable as a raw material for new concrete.











# THANK YOU!